



Experience Necessary?

(don't worry, you've got more than you might think!)

Use this worksheet with our Resume Kickstarter to identify your experiences and skills (competencies).

	Where Have I Done This?	What Did I Do?
Critical Thinking/Problem Solving: Example Verbs: Analyzed, Estimated, Organized, Evaluated, Designed, Assessed		
Oral/Written Communications: Example Verbs: Interviewed, Edited, Published, Presented, Reported, Marketed		
Teamwork/Collaboration: Example Verbs: Negotiated, Collaborated, Recruited, Chaired		
Digital Technology: Example Verbs: Analyzed, Programmed, Designed, Documented		
Leadership: Example Verbs: Trained, Coached, Mentored, Motivated, Delegated, Supervised		
Professionalism/Work Ethic: Cooperated, Contributed, Respected, Committed, Served		
Career Management: Learned, Improved, Attained, Developed		
Global/Intercultural Fluency: Respected, Explored, Integrated, Educated, Understood, Facilitated		