

RENÉ M. DAILEY

Professor
Department of Communication Studies
Moody College of Communication
University of Texas at Austin

2504A Whitis Ave. (A1105)
Austin, TX 78712-0115
rdailey@austin.utexas.edu
512-471-4867

EDUCATION

Ph. D. 2005 University of California, Santa Barbara, CA. Communication
M. A. 1998 University of Wyoming, Laramie, WY. Communication
B. A. 1996 Grinnell College, Grinnell, IA. Psychology

PROFESSIONAL EXPERIENCE

2021 – present University of Texas at Austin, Department of Communication Studies
Professor

2011 – 2021 University of Texas at Austin, Department of Communication Studies
Associate Professor

2005 – 2011 University of Texas at Austin, Department of Communication Studies
Assistant Professor

2000 – 2005 University of California, Santa Barbara, Department of Communication
Teaching Assistant

1998 – 2000 Missouri Institute of Mental Health
Senior Research Specialist

1996 – 1998 University of Wyoming, Department of Communication and Mass Media
Teaching Assistant

BOOKS AND EDITED VOLUMES

Dailey, R. M. (2020). *On-again, Off-again Relationships: Navigating (In)Stability in Romantic Relationships*. New York, NY: Cambridge University Press. (235 pages) doi: 10.1017/9781108567756

Dailey, R. M., & Le Poire, B.A. (Eds.) (2006). Applied interpersonal communication matters: Family, health, and community relations. *Language and Social Action Series*. New York: Peter Lang. (315 pages)

PUBLICATIONS: PEER REVIEWED JOURNAL ARTICLES

- Dailey, R. M., Hazlett Dalglish, A., & Brass, C.** (in press). The role of psychological and physical aggression in relationship cycling. *Journal of Interpersonal Violence*.
- Dailey, R. M., Zhang, Z., Varga, S., Kearns, K., & Hazzard, J.** (in press). Relationship talk in cyclical and non-cyclical relationships: Applying the Theory of Motivated Information Management. *Western Journal of Communication*.
- Dailey, R. M., Zhang, Z., Kurlak, R., Lloyd, R., & Burdick, S.** (in press). Romantic partner perspectives of the relational context of weight loss support. *Health Communication*.
- Zhong, L., Wang, Y., Dailey, R. M.** (in press). Partner confirmation, depression management, and relationship functioning in committed romantic relationships. *Western Journal of Communication*.
- Dailey, R. M., Zhang, Z., & Kearns, K.** (2020). Exploring the role of sexual activity in on-again/off-again dating relationships. *Personal Relationships, 27*, 460-483. doi: 10.1111/per.12323
- Zhang, Z., Farris, K., Sun, M-C., & Dailey, R. M., & Donovan, E. E.** (2020). Parenting practices, autonomous motivation, and adolescent diet habits. *Journal of Research on Adolescence, 30*(3), 800-816. doi: 10.1111/jora.12560
- Dailey, R. M., Zhong, L., Pett, R., & Varga, S.** (2020). Post-dissolution ambivalence, breakup adjustment, and relationship reconciliation. *Journal of Social and Personal Relationships, 37*, 1604-1625. doi: 10.1177/0265407520906014
- Taniguchi, E., & Dailey, R. M.** (2020). Parental confirmation and emerging adult children's body image: Self-concept and social competence as mediators. *Communication Research, 47*, 373-401. doi: 10.1177/0093650218777575
- Dailey, R. M., Zhong, L. Z., Pett, R., Scott, D., & Krawietz, C.** (2020). Testing relationship dispositions as explanations of on-again/off-again relationships. *Journal of Personal and Social Relationships, 37*, 201-211. doi: 10.1177/0265407519861156
- Dailey, R. M.** (2019). Strategies in context: How perceptions of romantic partner support for weight loss vary by the relational context. *Health Communication, 34*, 1095-1106. doi: 10.1080/10410236.2018.1461584
- Dailey, R. M.** (2019). Integrating strategies from three predominant theories regarding romantic partner support of weight loss. *Journal of Social and Personal Relationships, 36*, 3009-3036. doi: 10.1177/0265407518810528
- Dailey, R. M., Romo, L., Myer, S., Thomas, C., Aggarwal, R., Nordby, K., Johnson, M., & Dunn, C.** (2018). The buddy benefit: Increasing the effectiveness of an employee-targeted weight-loss program

through communication. *Journal of Health Communication*, 23, 272-280. doi: 10.1080/10810730.2018.1436622

Zhang, Z., & Dailey, R. M. (2018). Wanna hear a secret? The burden of secret concealment in personal relationships from the confidant's perspective. *Journal of Relationships Research*, 9, e1, 1-11. doi:10.1017/jrr.2017.22

Dailey, R. M. (2018). Exploring the role of the romantic relationship context in weight loss. *Journal of Social and Personal Relationships*, 35, 679-701. doi: 10.1177/0265407517693430

Dailey, R. M., & Powell, A. (2017). Love, sex, and satisfaction in on-again/off-again relationships: Exploring what might make these relationships alluring. *Journal of Relationships Research*, 8, e11, 1-13. doi:10.1017/jrr.2017.12

Dailey, R. M., Crook, B., Brody, N., & LeFebvre, L. (2017). Fluctuations in on-again/off-again in relationships: Foreboding or functional? *Personal Relationships*, 24, 748-767. doi: 10.1111/pere.12211

Crook, B., & Dailey, R. M. (2017). Memorable messages about the misuse of prescription stimulants. *Health Communication*, 32, 921-930. doi: 10.1080/10410236.2016.1196411

Dailey, R. M., Crook, B., Glowacki, E., Prenger, E., & Winslow, A. A. (2016). Meeting weight management goals: The role of partner confirmation. *Health Communication*, 31, 1482-1494. doi: 10.1080/10410236.2015.1089398

Imai, T., Umemura, T., Taniguchi, E., Vangelisti, A. L., & Dailey, R. M. (2016). Worrying weighs on your partner's heart: Exploring how rumination about a romantic relationship is associated with relational uncertainty using dyadic data. *Japanese Journal of Communication Studies*, 44, 135-150. doi: 10.1080/10410236.2015.1012630

Dailey, R. M., LeFebvre, L., Crook, B., & Brody, N. (2016). Communication and relational uncertainty in on-again/off-again romantic relationships: Assessing changes and patterns across recalled turning points. *Western Journal of Communication*, 80, 239-263. doi: 10.1080/10570314.2015.1094123

Imai, T., & Dailey, R. M. (2016). Influences of mental illness stigma on perceptions of and responses to a favor asking message. *Health Communication*, 31, 863-872. doi: 10.1080/10410236.2015.1012630

Dailey, R. M., Brody, N., & Knapp, J. (2015). Support and influence of friends on dating relationships: Partner and friend perspectives. *Personal Relationships*, 22, 368-385. doi: 10.1111/pere.12086

Dailey, R. M., Thompson, C. M., & Romo, L. K. (2014). Mother-teen communication about weight management. *Health Communication*, 29, 384-397. doi: 10.1080/10410236.2012.759052

- Romo, L. K., & Dailey, R. M. (2014). Weighty dynamics Exploring couples' perceptions of post-weight-loss interaction. *Health Communication, 29*, 193-204. doi: 10.1080/10410236.2012.736467
- Dailey, R. M., Jin, B., Brody, N., & McCracken, A. A. (2013). A dimensional approach to characterizing on-off relationships. *Interpersona, 7*, 196-214. doi: 10.5964/ijpr.v7i2.131
- Dailey, R. M., Brody, N., LeFebvre, L., & Crook, B. (2013). Charting changes in commitment: Trajectories of on-again/off-again relationships. *Journal of Social and Personal Relationships, 30*, 1020-1044. doi: 10.1177/0265407513480284
- Dailey, R. M., McCracken, A. A., Jin, B., Rossetto, K. R., & Green, E. W. (2013). Negotiating breakups and renewals: Types of on-again/off-again dating relationships. *Western Journal of Communication, 77*, 382-410. doi: 10.1080/10570314.2013.775325
- Thompson, C. M., Romo, L. K., & Dailey, R. M. (2013). The effectiveness of weight management influence messages in romantic relationships. *Communication Research Reports, 30*, 34-45. doi: 10.1080/08824096.2012.746222
- Jang, S. A., Vangelisti, A., & Dailey, R. (2013). Relational uncertainty and avoidance following the discovery of a relational partner's deception: The mediating role of efficacy assessments. *International Journal of Humanities and Social Science Invention, 2*, 88-94.
- Eyal, K., & Dailey, R. M. (2012). Examining relational maintenance in parasocial relationships. *Mass Communication and Society, 15*, 758-781. doi: 10.1080/15205436.2011.616276
- Dailey, R. M., Middleton, A., & Green, E. W. (2012). Predicting perceived relational stability in on-again/off-again relationships. *Journal of Social and Personal Relationships, 29*, 52-76. doi: 10.1177/0265407511420192
- Dailey, R. M., Rossetto, K. R., McCracken, A. A., Jin, B., & Green, E. W. (2012). Negotiating breakups and renewals in on-again/off-again dating relationships I: Traversing the Transitions. *Communication Quarterly, 60*, 165-189. doi: 10.1080/01463373.2012.668847
- Dailey, R. M., Romo, L. K., & Thompson, C. M. (2011). Confirmation in couples' communication about weight management: An analysis of how both partners contribute to individuals' health behaviors and conversational outcomes. *Human Communication Research, 37*, 553-582. doi: 10.1111/j.1468-2958.2011.01414.x
- Dailey, R. M., Jin, B., Pfiester, R. A., & Beck, G. (2011). On-again/off-again relationships: What keeps partners coming back? *Journal of Social Psychology, 151*, 417-440. doi: 10.1080/00224545.2010.503249
- Dailey, R. M., McCracken, A. A., & Romo, L. K. (2011). Confirmation and weight management: Predicting effective levels of acceptance and challenge. *Communication Monographs, 78*, 185-211. doi: 10.1080/03637751.2011.564638

- Dailey, R. M.** (2010). Testing components of confirmation: How acceptance and challenge from mothers, fathers, and siblings and are related to adolescent self-concept. *Communication Monographs*, *77*, 592-617. doi: 10.1080/03637751.2010.499366
- Dailey, R. M., Romo, L. K., & McCracken, A. A.** (2010). Messages about weight management: An examination of how acceptance and challenge are related to message effectiveness. *Western Journal of Communication*, *74*, 457-483. doi: 10.1080/10570314.2010.512279
- Dailey, R. M., Richards, A. A., & Romo, K. L.** (2010). Communication with significant others about weight management: The role of confirmation in weight management attitudes and behaviors. *Communication Research*, *37*, 644-673. doi: 10.1177/0093650210362688
- Dailey, R. M., Hampel, A. D., & Roberts, J.** (2010). Relational maintenance in on-again/off-again relationships: An assessment of how relational maintenance, uncertainty, and relational quality vary by relationship type and status. *Communication Monographs*, *77*, 75-101. doi: 10.1080/03637750903514292
- Dailey, R. M., Rossetto, K. R., Pfiester, R. A., & Surra, C. A.** (2009). A qualitative analysis of on-again/off-again romantic relationships: "It's up, it's down, all around." *Journal of Social and Personal Relationships*, *26*, 443-466. doi: 10.1177/0265407509351035
- Dailey, R. M.** (2009). Confirmation from family members: Parent and sibling contributions to adolescent psychosocial adjustment. *Western Journal of Communication*, *73*, 273-299. doi: 10.1080/10570310903082032
- Dailey, R. M., Pfiester, A., Jin, B., Beck, G., & Clark, G.** (2009). On-again/off-again dating relationships: How are they different from other dating relationships? *Personal Relationships*, *16*, 23-47. doi: 10.1111/j.1475-6811.2009.01208.x
- Dailey, R. M.** (2008). Parental challenge: Developing and validating a measure of how parents challenge their adolescents. *Journal of Social and Personal Relationships*, *25*, 643-669. doi: 10.1177/0265407508093784
- Duggan, A. P., **Dailey, R. M.**, & Le Poire, B. A. (2008). Reinforcement and punishment of substance abuse during ongoing interactions: A conversational test of INC theory. *Journal of Health Communication*, *13*, 417-433. doi: 10.1080/10810730802198722
- Dailey, R. M.** (2008). Assessing the contribution of nonverbal behaviors in displays of confirmation during parent-adolescent interactions: An actor-partner-interdependence model. *Journal of Family Communication*, *8*, 62-91. doi: 10.1080/15267430701573599
- Giles, H., **Dailey, R. M.**, Sarkar, J. M., & Makoni, S. (2007). Intergenerational communication beliefs across the lifespan: Comparative data from India. *Communication Reports*, *20*, 75-89. doi: 10.1080/08934210701643701

- Dailey, R. M.** (2006). Confirmation in parent-adolescent relationships and adolescent openness: Toward extending confirmation theory. *Communication Monographs*, *73*, 434-458. doi: 10.1080/03637750601055432
- Dailey, R. M.**, Reid, S., Giles, H., & Anderson, M. C. (2006). Community review of police misconduct: An exploration of communicative structure and effectiveness. *Social Psychological Review*, *8*, 20-35.
- Giles, H., Makoni, S., **Dailey, R. M.** (2005). Intergenerational communication beliefs across the lifespan: Comparative data from Ghana and South Africa. *Journal of Cross-Cultural Gerontology*, *20*, 191-211. doi: 10.1007/s10823-006-9003-5
- McCann, R., **Dailey, R. M.**, Giles, H., & Ota, H. (2005). Beliefs about intergenerational communication across the lifespan: Middle age and the roles of age stereotyping and respect norms. *Communication Studies*, *56*, 293-311. doi: 10.1080/10510970500319286
- Dailey, R. M.**, Giles, H., & Jansma, L. L. (2005). Language attitudes in an Anglo-Latino context: The role of linguistic landscape. *Language and Communication*, *25*, 27-38. doi: 10.1016/j.langcom.2004.04.004
- Dailey, R. M.**, & *Palomares, N. A.* (2004). Strategic topic avoidance: An investigation of topic avoidance frequency, strategies used, and relational correlates. *Communication Monographs*, *71*, 471-496. doi: 10.1080/0363452042000307443
- Park, H. S., **Dailey, R. M.**, & Lemus, D. (2002). The use of exploratory factor analysis and principal components analysis in communication research. *Human Communication Research*, *28*, 562-577. doi: 10.1111/j.1468-2958.2002.tb00824.x
- Dailey, R. M.**, & Claus, R. E. (2001). The relationship between interviewer characteristics and physical and sexual abuse disclosure among substance users: A multilevel analysis. *Journal of Drug Issues*, *31*, 867-888. doi: 10.1177/002204260103100404

BOOK CHAPTERS/ENCYCLOPEDIA ENTRIES

- Dailey, R. M.** (forthcoming). On-again/Off-again dating relationships. In R. Gurung (Ed.), *Routledge Encyclopedia of Psychology in the Real World*. Taylor & Francis/Routledge.
- Dailey, R. M.** (forthcoming). Riding the Rollercoaster: Navigating an on-again/off-again relationship. In D. O. Braithwaite, J. Child, K. Rossetto, & J. Wood (Eds.) *Interpersonal Communication: Case Studies in Personal and Social Relationships* (3rd ed.). Kendall Hunt.
- Lee, C., **Dailey, R. M.**, & Spitzberg, B. H. (2021). Charting dangerous territory: The family as a context of violence and aggression. In A. L. Vangelisti (Ed.), *The handbook of family communication* (3rd ed.). New York, NY: Routledge.

- Dailey, R. M.** (2020). Negotiating relational breakups. In *Oxford Research Encyclopedia of Communication*. Oxford University Press. doi: <https://doi.org/10.1093/acrefore/9780190228613.013.939>
- Washburn-Busk, M., Vennum, A., **Dailey, R. M.**, & Monk, J. K. (forthcoming). On-again/Off-again Relationships. In J. L. Hartenstein (Ed.) *Marriage and Divorce in America: Issues, Trends, and Controversies*. Santa Barbara, CA: ABC-CLIO.
- Dailey, R. M.** (2019). On Again/Off Again Relationships. In J. J. Ponzetti, Jr. (Ed.), *Macmillan Encyclopedia of Intimate and Family Relationships: An Interdisciplinary Approach* (pp. 601-604). Boston, MA: Cengage.
- Dailey, R. M.** (2019). Accommodating to develop and maintain relationships. In Harwood, J., Gasiorek, J., Pierson, H., Nussbaum, J. F., Gallois, C. (Eds.) (2019). *Language, communication, and intergroup relations: A celebration of the scholarship of Howard Giles* (pp. 221-222). New York, NY: Routledge.
- Dailey, R. M.** (2015). On-again/Off-again relationships. In C. Berger & M. Roloff (Eds.), *International Encyclopedia of Interpersonal Communication (2,250 words)*. Wiley/Blackwell. doi: 10.1002/9781118540190.wbeic206
- Dailey, R. M.** (2015). Parent-adolescent communication. In C. Berger & M. Roloff (Eds.), *International Encyclopedia of Interpersonal Communication (2,000 words)*. Wiley/Blackwell. doi: 10.1002/9781118540190.wbeic076
- Dailey, R. M.** (2014). Health communication about physical activity. In T. L. Thompson (Ed.), *Sage Encyclopedia of Health Communication* (pp. 1069-1071). Sage: Thousand Oaks, CA.
- Dailey, R. M.**, Lee, C., & Spitzberg, B. H. (2013). Charting dangerous territory: The family as a context of violence and aggression. In A. L. Vangelisti (Ed.), *The handbook of family communication (2nd ed., pp. 479-495)*. Mahwah, NJ: Lawrence Erlbaum.
- Dailey, R. M.**, Lee, C., & Spitzberg, B. H. (2007). Communicative abuse: An expansion of psychological abuse assessments. In B. H. Spitzberg & W. R. Cupach (Eds.), *The dark side of interpersonal communication (2nd ed., pp. 297-326)*. Mahwah, NJ: Lawrence Erlbaum.
- Giles, H., Fortman, J., **Dailey, R. M.**, Barker, V., Hajek, C., & Anderson, M. C. (2006). Communication accommodation: Law enforcement and the public. In R. M. Dailey & B. A. Le Poire (Eds.), *Applied interpersonal communication matters: Family, health, and community relations* (pp. 241-269). *Language and Social Action Series*. New York: Peter Lang.
- Le Poire, B. A., & **Dailey, R. M.** (2006). Inconsistent nurturing as control: A new theory in family communication. In D. O. Braithwaite & L. A. Baxter (Eds.), *Engaging theories in family communication: Multiple perspectives* (82-98). Thousand Oaks: Sage. doi: 10.4135/9781452204420.n6

Claus, R. E., & **Dailey, R. M.** (2002). Participants in the Target Cities Program. In R. C. Stephens, C. Scott, & R. D. Muck, (Eds.), *Central evaluation and referral for alcohol and drug clients: The Target Cities experience* (pp. 35-53). Albany, NY: State University of New York.

BOOK REVIEWS

Giles, H., & **Dailey, R. M.** (2003). Communicating police misconduct: Alleged, variably reported, and/or real? Review of Regina G. Lawrence (2000), *The politics of force: Media and the construction of police brutality*. Berkeley, CA: University of California Press; Jeffrey Ian Ross (2000), *Making news of police violence: A comparative study of Toronto and New York City*. Westport, CT: Praeger. *Review of Communication*, 3.4, 384-391.

Eyal, K., & **Dailey, R. M.** (2002). Review of Jennings Bryant & J. Allison Bryant (2001), *Television and the American family*. Mahwah, NJ: Lawrence Erlbaum Associates. *Mass Communication and Society*, 5, 234-236.

SUBMISSIONS

Dailey, R. M., Lloyd, R., Burdick, S., Zhengyu, Z., & Kurlak, R. (under review). Romantic partner undermining of individuals' weight loss: Perceived motivations, behaviors, and outcomes. *Journal of Health Psychology*.

PROJECTS IN PROGRESS

Dailey, R. M., Lee, S., Kearns, K., Zhang, Z., Varga, S., & Zhong, L. (in write up). Testing a comprehensive model of post-dissolution distress: Predicting initial and over time changes in distress following a romantic dissolution among U.S. adults.

Dailey, R. M., Zhong, L., Varga, S. Zhang, Z., & Kearns, K. (in write up). A comprehensive model of post-dissolution distress: Integrating distal and proximal predictors.

Dailey, R. M. (in write-up). Model of partner support of weight loss.

Vennum, A., Monk, J. K., Dailey, R. M., Washburn-Busk, M., & Kearns, K. (in data collection). Therapist perspectives on on-again/off-again relationships.

Palomares, N. A., **Dailey, R. M.**, *Alexopoulos, C., Gil Lopez, T., Crook, B., & Glowacki, E.* (under revision). The role of goal understanding in influence attempts of health behaviors.

Zhong, L., & Dailey, R. M. (under revision). The roles of attachment, relational interdependent self-construal, motives, and relational intimacy in expressing deceptive affection in romantic relationships.

Zhong, L., Zhang, Z., Varga, S., Kearns, K., & Dailey, R. M. (in data analysis). Achieving recovery of self: The effects of coping tactics and relationship talk with an ex-partner.

Dailey, R. M. (in data analysis). Initial assessments of negotiating support from romantic partners for weight loss. *Comm journal? Journal of Family Comm?*

Dailey, R. M. (under revision). Desired strategies from romantic partners when losing weight: What's (un)helpful and why. ***Do a follow-up quant study linking reasons and strats.***

Pett, R. C., & Dailey, R. M. (under revision). Disclosure within romantic relationships: Exploring the associations with relational uncertainty and attachment.

Kearns, K., Zhang, Z., & Dailey, R. M. (in data analysis). Trajectories to first dates: Differences and similarities by modality.

CONFERENCE PAPERS

Kearns, K., & Dailey, R. M. (accepted). *Maintaining relationships during recovery: Expanding Inconsistent Nurturing as Control Theory*. Paper submitted to the International Communication Association Conference, Paris, France.

Young, V., Arroyo, A., Burke, T., Crowley, J. P., Dailey, R. M., Duggan, A. P., & Scharp, K. M. (accepted). *Transforming our understanding of interpersonal health communication processes*. Panel to be presented at the National Communication Association Convention, Seattle, Washington.

Varga, S., & Dailey, R. M. (accepted). *Defining the DTR: How do today's [potential] romantic partners use communication to transform their relationships?* Paper to be presented at the National Communication Association Convention, Seattle Washington.

Dailey, R. M., Zhong, L., Kearns, K., Zhang, Z., Varga, S., & Lee, S. (September, 2021). *Testing a Comprehensive Model of Post-Dissolution Distress: Predicting Initial Distress and Change Over Time*. Paper presented at the International Association for Relationships Research conference (virtual).

Dailey, R. M., Brass, C., Hazlett Dalglish, A. (November, 2020). *The Role of Psychological and Physical Aggression in Relationship Cycling*. Paper presented at the National Communication Association Convention, online.

Zhong, L., Wang, Y., Dailey, R. M. (May, 2020). *Impacts of Partner Confirmation on Depressive Adults' Depression Management, Relationship Satisfaction, and Perceived Conflicts in Committed Romantic Relationships*. Paper to be presented at the International Communication Association.

- Dailey, R. M., Zhang, Z., Kurlak, R., Lloyd, R., & Burdick, S. (2019, November). *Romantic partner perspectives of the relational context of weight management*. Paper presented at the National Communication Association Convention, Baltimore, MD.
- Dailey, R. M., Pett, R., Krawietz, C., Scott, D., & Hinton, H. (2019, November). *A prototype analysis of relationship stability and its associations with relational quality and communication*. Paper presented at the National Communication Association Convention, Baltimore, MD.
- Zhong, L., Zhang, Z., Varga, S., Kearns, K., & Dailey, R. M. (2019, November). *Achieving recovery of self: The effects of coping tactics and relationship talk with an ex-partner*. Paper presented within a panel at the National Communication Association Convention, Baltimore, MD.
- Dailey, R. M., Zhong, L., Pett, R., & Varga, S. (2019, March). *Post-dissolution ambivalence and breakup adjustment*. Paper presented at the International Convention of Psychological Science, Paris, France.
- Dailey, R. M., Varga, S., Hazzard, J., Kearns, K., & Zhang, Z. (2018, November). *Relationship talk in on-again/off-again relationships*. National Communication Association Convention, Salt Lake City, UT. **TOP 4 PAPER in the Interpersonal Communication Association Division.**
- Dailey, R. M., Burdick, S., Lloyd, R., Zhang, Z., & Kurlak, R. (2018, November). *Romantic partner undermining of individuals' weight loss: Behaviors and motivations*. National Communication Association Convention, Salt Lake City, UT.
- Dailey, R. M., Zhong, L., Pett, R., Scott, D., Krawietz, C. (2018, July). *Relationship dispositions as explanations for on-again/off-again relationships*. Paper presented at the International Association for Relationship Research Conference. Fort Collins, CO.
- Zhang, Z., Sun, M.-C., Farris, K., Donovan, E., & Dailey, R. M. (2018, July). *Parenting Practices, Autonomous Motivation, and Adolescent Diet Habits*. Paper presented at the International Association for Relationship Research Conference. Fort Collins, CO.
- Dailey, R. M., Zhang, Z., & Kearns, K. (2018, February). *The Role of Sexual Activity in On-again/Off-again Dating Relationships*. As a part of a panel proposal entitled *Sexual Interaction and Sexual Communication across contexts*. Western States Communication Association Conference, Santa Clara, CA.
- Dailey, R. M. (2017, November). *Assessing Partner Strategies for Facilitating Individuals' Weight Loss: Comparing Three Predominant Theories*. Paper to be presented at the National Communication Association Convention, Dallas, TX.
- Dailey, R. M., Romo, L. K., Dunn, C., & Aggarwal, S. (2017, November). *The Buddy Benefit: Increasing the Effectiveness of an Employee-Targeted Weight-Loss Program through Confirming Communication*. Paper to be presented at the National Communication Association Convention, Dallas, TX.

- Zhengyu, Z., Kearns, K., & Dailey, R. M. (2017, November). *From first contacting to first dating: A comparison between online and face-to-face interaction in dating trajectories*. Paper to be presented at the National Communication Association Convention, Dallas, TX.
- Zhong, L., & Dailey, R. M. (2017, November). *Expression of Intensifying Deceptive Affection in Dating and Marital Relationships: Investigating Personal and Relational Attributes*. Paper submitted to the National Communication Association Convention, Dallas, TX.
- Dailey, R. M. (2016, November). *Desired support from romantic partners when losing weight: Exploring the relational context*. Paper presented at the National Communication Association Convention, Philadelphia, PA.
- Dailey, R. M., & Powell, A. (2016, November). *Love, sex, and satisfaction in on-again/off-again relationships: Exploring what makes these relationships alluring*. Paper presented at the National Communication Association Convention, Philadelphia, PA.
- Dailey, R. M., Nelson, E., Crook, B., & LeFebvre, L. (2016, July). *Weighing current satisfaction and perceived alternatives: Understanding what drives on-again/off-again relationships*. Paper presented at the International Association for Relationship Research Conference. Toronto, Canada.
- Dailey, R. M., Crook, B., Brody, N., & LeFebvre, L. (2016, July). *Fluctuations in on-again/off-again romantic relationships: Foreboding or functional for stability?* Paper presented at the International Association for Relationship Research Conference. Toronto, Canada.
- Crook, B., & Dailey, R. M. (2016, May). *The misuse of prescription stimulants: A test of the theory of planned behavior*. Paper presented at the Society for Prevention Research Annual Conference, San Francisco, CA.
- Crook, B., & Dailey, R. M. (March, 2016). *Memorable messages about the illicit use of prescription stimulants*. Paper presented at the Southern States Communication Association Conference, Austin, TX.
- Palomares, N. A. Dailey, R. M., Crook, B., Glowacki, E., Gil Lopez, T., & Alexopoulos, C. (November, 2015). *The role of goal understanding in influence attempts of health behaviors*. Paper presented the National Communication Association Convention, Las Vegas, NV.
- Dailey, R. M., Brody, N., & Knapp, J. (November, 2014). *Support and influence of friends in on-again/off-again and non-cyclical dating relationships: Perspectives of dating partners and their friends*. Paper presented at the National Communication Association Convention, Chicago, IL.
- Dailey, R. M., Crook, B., Glowacki, E., Prenger, E., & Anderson, A. (November, 2014). *Meeting weight management goals: The role of partner confirmation*. Paper presented at the National Communication Association Convention, Chicago, IL.

- Imai, T., & Dailey, R. M. (November, 2014). *Influences of mental illness stigma in a computer-mediated communication context: A social-cognitive stigma process model*. Paper presented at the National Communication Association Convention, Chicago, IL.
- Crook, B., LeFebvre, L., Nelson, E. C., & Dailey, R. M. (July, 2014). *I've got my eyes on you: Examining the relationship between uncertainty and mate guarding strategies in on-off relationships*. Paper presented at the International Association for Relationship Research, Melbourne, Australia.
- LeFebvre, L., Crook, B., Nelson, E. C., & Dailey, R. M. (October, 2013). *Examining differences in mate retention strategies in on-again/off-again and non-cyclical dating relationships*. Paper presented at the International Association for Relationship Research Mini-Conference, Louisville, KY.
- Dailey, R. M., Crook, B., Brody, N., & LeFebvre, L. (November, 2013). *Fluctuations in on-again/off-again in relationships: Foreboding or functional?* Paper presented at the National Communication Association Convention, Washington, D.C.
- Dailey, R. M., Nelson, E., LeFebvre, L., & Crook, B. (November, 2013). *Differences in satisfaction and alternatives: Toward an understanding of what drives on-again/off-again relationships*. Paper presented at the National Communication Association Convention, Washington, D.C.
- Dailey, R. M., Jin, B., Brody, N., & McCracken, A. A. (November, 2012). *A dimensional approach to characterizing on-off relationships*. Paper presented at the National Communication Association Convention, Orlando, FL.
- Dailey, R. M., LeFebvre, L., Crook, B., & Brody, N. (November, 2012). *Predictors and outcomes of relational uncertainty in on-again/off-again romantic relationships*. Paper presented at the National Communication Association Convention, Orlando, FL.
- Dailey, R. M., Brody, N., LeFebvre, L., & Crook, B. (July, 2012). *Charting changes in commitment: Trajectories of on-again/off-again relationships*. Paper presented at the International Association for Relationship Research, Chicago, IL.
- Dailey, R. M., Thompson, C. M., Romo, L. K. (July, 2012). *Mother-teen communication about weight management: The role of confirmation in promoting healthy behaviors*. Paper presented at the International Association for Relationship Research, Chicago, IL.
- Imai, T., Vangelisti, A. L., Dailey, R. M., & Umemura, T. (May, 2012). *The antecedents, consequences, and mechanisms of rumination about a romantic relationship: An extended actor-partner interdependence model*. Paper presented at the International Communication Association, Phoenix, AZ.
- Andersen, P. A., Dailey, R. M., Manusov, V., & Reiland, M. (November, 2011). *Teaching nonverbal communication in the basic course: Beyond the codes of nonverbal communication*. Panel

presentation for the Nonverbal Communication Division at the National Communication Association, New Orleans, LA.

Romo, L. K., & Dailey, R. M. (November, 2011). *I'm Hot, You're Not: Exploring the "Dark Side" of Weight Loss in Couples' Relationships*. Paper presented at the National Communication Association Convention, New Orleans, LA.

Dailey, R. M., Romo, L. K., & Mooney, C. (May, 2011). *Weighty conversations: The role of confirmation in couples' weight management*. Paper presented at the International Communication Association Convention, Boston, MA.

Dailey, R. M., Richards, A. A., & Romo, L. K. (November, 2010). *Confirming messages and weight management: Predicting effective levels of acceptance and challenge*. Paper presented at the National Communication Association, San Francisco, CA.

Dailey, R. M., Middleton, A., & Green, E. W. (November, 2010). *Predicting perceived relational stability in on-again/off-again relationships*. Paper presented at the National Communication Association, San Francisco, CA.

Dailey, R. M., Imai, T., & Guinn, T. (November, 2010). *The role of confirmation from parents, siblings, and friends in predicting college students' academic outcomes*. Paper presented at the National Communication Association, San Francisco, CA.

Dailey, R. M., Richards, A. A., Jin, B., Rossetto, K. R., & Green, E. W. (July, 2010). *Negotiating breakups and renewals in on-again/off-again dating relationships II: Types of on-off relationships*. Paper presented at the International Association for Relationship Research, Herzliya, Israel.

Dailey, R. M., Rossetto, K. R., Richards, A. A., Jin, B., & Green, E. W. (March, 2010). *Negotiating breakups and renewals in on-again/off-again dating relationships I: Traversing the Transitions*. Paper presented at the Western Speech Communication Association, Anchorage, AK. **Top 3 paper (Interpersonal Division)**.

Dailey, R. M. (November, 2009). *Confirmation and adolescent self-concept: Assessing the contributions of acceptance and challenge from mothers, fathers, and siblings*. Paper presented at the National Communication Association Convention. Chicago, IL.

Afifi, T., Basden, L., Coffelt, T., Croatt, H., Dailey, R., Isaacs, A., Koerner, A., & Petronio, S. (November, 2009). *Let's talk about sex: Methodological and theoretical issues in the field of family sexual communication*. Roundtable for the Family Communication Division at the National Communication Association, Chicago, IL.

Dailey, R. M., Richards, A. A., & Kluever Romo, L. (May, 2009). *Messages from significant others about weight management: The role of confirmation in weight management attitudes and behaviors*. Paper presented at the International Communication Association Conference. Chicago, IL.

- Eyal, K., & Dailey, R. M. (May, 2009). *Real and reel relationships: Comparing models of commitment and closeness in friendships and parasocial relationships*. Paper to be presented at the International Communication Association Conference. Chicago, IL.
- Dailey, R. M., Hampel, A. D., & Roberts, J. (November, 2008). *On-again/Off-again Dating Relationships: Assessing Differences in Relational Uncertainty, Relational Maintenance, and the Investment Model*. Paper presented at the National Communication Association Convention. San Diego, CA.
- Dailey, R. M., Beck, G., Jin, B., & Pfiester, A. (July, 2008). *On-again/off-again relationships: What keeps partners coming back?* Paper presented at the International Association of Relationship Research Conference. Providence, Rhode Island.
- Dailey, R. M., Eyal, K. (May, 2008). *The contribution of different socializing agents to emerging adults' sexuality: The role of parents, best friends, romantic partners, and television personalities*. Paper presented at the International Communication Conference. Montreal, Canada.
- Dailey, R. M. (November, 2007). *Parental challenge: Developing and validating a measure of how parents challenge their adolescents*. Paper presented at the National Communication Association Convention. Chicago, IL.
- Dailey, R. M., Pfiester, A., Jin, B., Beck, G., & Clark, G. (November, 2007). *On-again/off-again dating relationships: How are they different from other dating relationships?* Paper presented at the National Communication Association Convention. Chicago, IL.
- Giles, H., Dailey, R. M., Makoni, S., & Sarkar, J. M. (November, 2007). *Intergenerational communication beliefs across the lifespan: Comparative data from India*. Paper presented at the National Communication Association Convention. Chicago, IL.
- Dailey, R. M. (May, 2007). *Confirmation from family members: Parent and sibling contributions to adolescent psychosocial adjustment*. Paper presented at the International Communication Association Conference. San Francisco, CA.
- Dailey, R. M., Pfiester, A., Rossetto, K., & Surra, C. A. (May, 2007). *A qualitative analysis of again/off-again dating relationships: "It's up, it's down, all around."* Paper presented at the International Communication Association Conference. San Francisco, CA.
- Dailey, R. M., Giles, H., & Makoni, S. (November, 2006). *Intergenerational communication beliefs across the lifespan: Comparative data from West and South Africa*. Paper presented at the National Communication Association Convention. San Antonio, TX. **(Top Paper Communication and Aging Division)**
- Dailey, R. M. (July, 2006). *Attachment and hurtful messages: using partner attachment to predict perceptions of and responses to hurtful messages in romantic relationships*. Paper presented at the International Association of Relational Research. Rethymno, Crete.

- Dailey, R. M., & Le Poire, B. A. (November, 2005). *Parental confirmation and adolescent development: An extension of interpersonal confirmation theory*. Paper presented at the National Communication Association Convention. Boston, MA.
- Le Poire, B. A., Duggan, A. S., & Dailey, R. M. (November, 2005). *Parental and partner attachment as it relates to destructive and constructive conflict behavior in romantic couples*. Paper presented at the National Communication Association Convention. Boston, MA.
- McCann, R., Dailey, R. M., Giles, H., & Ota, H. (November, 2005). *Beliefs about intergenerational communication across the lifespan: Middle age and the roles of age stereotyping and respect norms*. Paper presented at the National Communication Association Convention. Boston, MA. **(Top Paper Communication and Aging Division)**
- Giles, H., Fortman, J., Dailey, R. M., Hajek, C., Barker, V., & Anderson, M. C. (May, 2005). *Communication accommodation: Law enforcement and the public*. Paper presented at the International Communication Association Conference. New York, NY. **(Top Three Paper in the Instructional and Development Division)**
- Le Poire, B. A., & Dailey, R. M., Duggan, A. P., & Moloney, E. E. (November, 2004). *Patterns of nonverbal reciprocity and compensation based on attachment style*. Paper presented at the National Communication Association Conference. Chicago, IL.
- Spitzberg, B. H., Dailey, R. M., & Lee, C. (July, 2004). *Communicative aggression: Developing a new measure of psychological abuse*. Paper presented at the International Association of Relational Research. Madison, WI.
- Ota, H., Dailey, R. M., McCann, R. M., Giles, H., & Komin, S. (June, 2004). *Younger versus older adults: Younger adults' communication norms and behaviors to younger, middle-aged, and older adults in Japan*. Paper presented at the International Conference on Language and Social Psychology Conference. Pennsylvania State University, PA.
- Dailey, R. M., Giles, H., & Jansma, L. L. (May, 2004). *Language attitudes in an Anglo-Latino context: The role of linguistic landscape*. Paper presented at the International Communication Association Conference. New Orleans, LA.
- Dailey, R. M., & Palomares, N. A. (November, 2003). *Strategic topic avoidance: An investigation of topic avoidance frequency, strategies used, and relational correlates*. Paper presented at the National Communication Association Conference. Miami, FL.
- Dailey, R. M., & Le Poire, B. A. (May, 2003). *Exploring the relationship between hurtful messages and partner attachment*. Paper presented at the International Communication Association Conference. San Diego, CA.
- Dailey, R. M. (November, 2002). *Expanding the boundaries of small group research: Potential contributions of family research to the relational side of work groups*. Paper presented at the National Communication Association Conference. New Orleans, LA.

- Le Poire, B. A., Dailey, R. M., & Duggan, A. P. (November, 2002). *Nonverbal reinforcement and punishment of substance abuse: A conversational test of INC theory*. Paper presented at the National Communication Association Conference. New Orleans, LA.
- Park, H. S., Dailey, R. M., & Lemus, D. (July 2002). *The use of exploratory factor analysis and principal components analysis in communication research*. Paper presented at the International Communication Association Conference. Seoul, Korea.
- Dailey, R. M., Lee, C. M., & Spitzberg, B. H. (June 2002). *Interactive abuse: Broadening the conceptualization of psychological abuse*. Paper presented at the International Society for Social and Personal Relationships Conference. Halifax, Nova Scotia.
- Lee, C. M., Dailey, R. M., & Spitzberg, B. H. (February 2002). *Inducing darkness: De(re)constructing the construct of psychological and interactional abuse*. Paper presented at the Western States Communication Association Conference. Long Beach, CA.
- Le Poire, B. A., Duggan, A. P., & Dailey, R. M. (November, 2001). *The influence of nonverbal communication on continued substance abuse*. Paper presented at the National Communication Association Conference. Atlanta, GA. **(Top Four Paper, Interpersonal Communication Division.)**
- Dailey, R. M. (July, 2001). *Hurtful messages: Propositions regarding relational type, response, and effects*. Paper presented at the National Communication Association Doctoral Honors Seminar. Austin, TX.
- Addis, K., Le Poire, B. A., Duggan, A. P., & Dailey, R. M. (May, 2001). *A qualitative analysis of communicative strategies used by partners of drug abusers: Implications for inconsistent nurturing as control theory*. Paper presented at the International Communication Association Conference. Washington, D. C.
- Dailey, R. M. (February, 1998). *Intergenerational effects of verbal aggression and conflict*. Paper presented at the Western States Communication Association Conference. Denver, CO.
- Dailey, R. M. (November, 1997). *Interpersonal skills as predictors of relational satisfaction*. Paper presented at the National Communication Association Conference. Chicago, IL.

INSTRUCTION AND ADVISING

Teaching Experience

Department of Communication Studies, University of Texas (2005 – present)

- Nonverbal Communication (undergraduate)
- Communication in Personal Relationships (undergraduate)
- Interpersonal Communication Theory (graduate)
- Dark Side of Interpersonal Communication (graduate)
- Nonverbal Communication (graduate)

Department of Communication, University of California, Santa Barbara (2000 – 2005)

Primary Instructor
 Family Communication
 Teaching Assistant
 Introduction to Communication
 Communication Theory
 Communication Methods
 Family Communication
 Nonverbal Communication
 Communication and Gender
 Communication and Conflict
 Intergenerational Communication

Department of Communication, University of Wyoming (1996 – 1998)

Primary Instructor
 Public Speaking
 Interpersonal Communication

Student Advising*Doctoral Advisees*

Abigail Hazlett Dalglish (in coursework)
 Qinyan Gao (writing prospectus)
 Oshyn Sky (writing prospectus)
 Chelsea Brass (dissertation in progress)
 Sarah Varga (dissertation in progress)
 Kyle Kearns (2020). Dissertation title: *Maintaining Relationships During Recovery: Expanding Inconsistent Nurturing as Control Theory*. University of Texas at Austin; Austin, TX.
 Hazzard, Jacob (2020). Dissertation title: *There is Nothing Certain but the Uncertain: Uncertainty Causing Network Events and How Romantic Couples Discuss Them*. Product and Strategy analyst, Practifi, Chicago, Illinois.
 Kim, Jihye (2019). Dissertation title: *Unwanted Pursuit: Perceived Social Support and Its Impacts on Coping*. Placement information not available.
 Taniguchi, Emiko (2016). Dissertation Title: *Parental Confirmation and Emerging Adult Children's Body Image: Self-concept and Social Competence as Mediators*. Assistant Professor, Department of Communicology, University of Hawaii at Manoa
 Knapp, Jessica (2015). Dissertation Title: *Perceived Effectiveness of Grief Comforting Messages Moderated by Closeness*. Instructor, Strategic Communication Department, Seattle University.
 Crook, Brittani (2015). Dissertation Title: *Exploring Memorable Messages about the Misuse of Prescription Stimulants: Predicting Behavioral Intention and Illicit Stimulant Use*. UX Research Team, Google, Mountain View, California.
 LeFebvre, Leah. E. (2014). Dissertation Title: *Examining Individual and Joint Sense-Making in Stressful Relational Narratives*. Assistant Professor, Department of Communication Studies, The University of Alabama

- Imai, Tatsuya (2013). Dissertation Title: *The Influence of Stigma of Mental Illnesses on Decoding and Encoding of Verbal and Nonverbal Messages*. Assistant Professor, Department of British and American Studies, Nanzan University, Nagoya, Japan.
- Romo, Lynsey Kluever (2013). Dissertation Title: *"In this Day and Age, You Just Don't Know": An Examination of How People in Romantic Relationships Use Communication to Manage Financial Uncertainty*. Associate Professor, Department of Communication, North Carolina State University.
- Schaefer, Kimberly M. (2011). Dissertation Title: *Online Romantic Relationships Transitional Offline: Impact of Intimacy and Relationship Uncertainty on Relational Characteristics*. Associate Professor, Department of Communication Studies, Baker University.
- Jin, Bora. (2010). Dissertation Title: *Hurtful Communication in Close Relationships: A Comparison of Face-to-Face and Mediated Communication*. Faculty, Department of Journalism and Communication, Joongbu University
- Richards, Andrea. (2009). Dissertation Title: *Romantic Partner Communication about Weight Management: Impact of Personal and Relational Characteristics on Message Interpretation and Health Attitude Outcomes*. Adjunct Faculty, Department of Communication and Media, Elmhurst College.

Doctoral Committee Member

- Genelle Sanders (in candidacy)
- Kassie Phebillo (in candidacy)
- Karen Schlag (in candidacy)
- Rudy Pett (in candidacy)
- Suzanne Burdick (2021)
- Lingzi Zhong (2020)
- Billy Table (2020)
- Maxim Baryshevtsev (2020)
- Calandra Lindstadt (2020)
- Zhengyu Zhang (2019)
- Mackenzie Greenwell (2019)
- Sarah Tardif (2018)
- Madeleine Redlick (2018)
- Robert Carroll (2018)
- Jane Damron (2018)
- Emily Scheinfeld (2016)
- Cynthia Peacock (2016)
- Katherine Blackburn (2015)
- Erin Nelson (2015)
- Laura Brown (2015)
- Miguel Wasielewski (2014)
- Charee Mooney Thompson (2013)
- Nicholas Brody (2013)
- Trey Guinn (2012)
- Erik Green (2012)
- Alexa Hampel (2011)
- Angela Niedermyer (2011)

Herim Lee (2011)
 James Stephens (2010)
 Gary Beck (2010)
 Kelly Rossetto (2009)
 Abigail Pfiester (2009)
 Hsu, Ling-Hui (2009)
 Jessica Parker Raley (2009)

Masters Advisees

Nolan, Haley (in progress)
 Yang, Yating (in progress)
 Hazlett Dalgleish, Abigail (2020). Masters Title. *Intimate partner violence as embedded in communities: Using INC theory to understand the influence of social network members on victim-survivor's commitment to an abusive relationship partner.*
 Scott, Darby (2019). Masters title: *The Role of Authority on Emotional Disclosure within Sibling Relationships*. Adjunct Professor, Concordia University, Irvine.
 Hansen, Ryan (2013). Masters title: *Social Network Influence on Relational Termination and Renewal*. Placement information not available.
 Pett, Rudy (2013). Masters title: *Differences in Dating Relationships: An Examination of Attachment, Disclosure, and Relational Uncertainty*. Doctoral Student, Department of Communication Studies, University of Texas at Austin.
 Woods, Jesse (2008). Masters title: *The Self-disclosure of Children of Divorce*. Placement information not available.
 Winfree, Jill (2006) (co-advisor). Masters title: *Imagine Me and You, I Do: Associations between Adult Romantic Attachment Styles and Imagined Interactions*. Placement information not available.

Masters Reader

Qing Huang (2021)
 Ryan Tinlin (2020)
 Andrew Coolidge (2020)
 Kaelah Fox (2019)
 Carolyn Montagnolo (2019)
 Jing Li (2019)
 Rachel Lloyd (2018)
 Kyle Kearns (2016)
 Madeleine Redlick (2015)
 Elizabeth Glowacki (2013)
 Kathryn Breiwa (2010)
 Catherine Howell (2010)
 Nancy McCallum (2009)
 Margaret Smith (2008)
 Ashley Middleton (2008)
 Shinobu Sakai (2007)

Undergraduate Honors Thesis

Maria Krychniak (Spring 2019) (Co-Supervisor, Polymathic Program)
 Allison Dyer (Spring 2019) (Reader, Plan II)
 Sabrina Van Ravenstein (Spring 2018) (Supervisor, Polymathic Program)
 Samuel Lee (Spring 2012) (Supervisor, Plan II)
 Melissa Pan (Spring 2012) (Supervisor, Plan II)
 Jessa DeGroot (Spring 2012) (Supervisor)
 Keenan, Madison (Spring 2009) (Supervisor)
 Compo, Caitlin (Spring 2008) (Reader)

Undergraduate Projects

Chloe Gonzalez (2019-2020) Bold Program
 Kristen Handler (2018-2019) Bridging Disciplines Summer Research Supervisor

Additional Grad Mentoring

2020 Advised Lingzi Zhong's certificate in statistics project (sponsored by Department of Statistics and Data Sciences)
 2017 Advised Max Baryshevtey's certificate in statistics project (sponsored by Department of Statistics and Data Sciences)

EXTERNAL GRANT PROPOSALS

National Science Foundation; Behavior and Cognitive Sciences, Social Psychology Section
 Collaborative Research
Explicating the Link Between Relationship Cycling and Intimate Partner Violence
 Dailey, R. M. (PI), Vennum, A. (co-PI), Monk, J. K. (co-PI)
 \$552,602 as leading institution (\$784,074 total)
 Submitted July, 2021
Under review

National Science Foundation; Behavior and Cognitive Sciences, Social Psychology Section
 Collaborative Research
Explaining the Link Between Relationship Cycling and Intimate Partner Violence
 Dailey, R. M. (PI), Vennum, A. (co-PI), Monk, J. K. (co-PI)
 \$539,806 as leading institution (\$766,838 total)
 Submitted July, 2020
Not funded

Russell Sage Foundation: Behavioral Economics
 Letter of Inquiry
Improving Health-Related Behaviors: Capitalizing on the Influence of Loved Ones
 Palomares, N. A. (PI) Dailey, R. M. (PI)
 \$150,000
 Submitted May 2017
Not invited for Full Review

Robert Wood Johnson Foundation: Evidence for Action: Investigator-Initiated Research to Build a Culture of Health: Letter of Intent

Changing Family Health through Early Child Health Interventions

Dailey, R. M. (PI)

\$60,000

Submitted February 2017

Not invited for Full Review

National Institutes of Health (R21), Exploratory and Developmental Clinical Research Grants in Obesity (PA-15-163) *Optimizing Romantic Partner Support for Weight Loss*

Dailey, R. M. (PI), Gorin, A. (Co-I), Novak, S. A. (Co-I), Bartholomew, J. (Co-I), Stanforth, P. (Co-I),

\$447,683.00

Submitted February 2017

Not Funded

St. David's CHPR Pilot Grant Letter of Interest

Changing Family Health through Early Child Health Interventions

Dailey, R. M. (co-PI), Guillet, N. (co-PI)

\$25,700

Submitted October 2016

Not invited for Full Review

Fahs-Beck Fund for Research and Experimentation: Faculty/Post-Doctoral Research Grant Program

Improving Child Health through and Evidence-Based Nutrition Curriculum for Preschoolers

Dailey, R. M. (PI)

\$16,786

Submitted April 2016

Not Funded

Robert Wood Johnson Foundation: Healthy Eating Research Special Solicitation: Building Evidence to Prevent Childhood Obesity: Letter of Intent

Changing Family Health through Early Child Health Interventions

Dailey, R. M. (PI)

\$55,000

Submitted January 2015

Not invited for Full Review

Texas Nutrition and Obesity Research Center Pilot and Feasibility Grant Application: Letter of Intent

Support from Romantic Partners during a Weight Loss Program

Dailey, R. M. (PI), Bartholomew, J. (Co-I), Stanforth, P. (Co-I), Bernhardt (Co-I)

\$42,000

Submitted May 2015

Not invited for Full Review

National Institutes of Health (R21), Exploratory and Developmental Clinical Research Grants in Obesity (PA-12-179) *Support from Romantic Partners during a Weight Loss Program*

Dailey, R. M. (PI), Bartholomew, J. (Co-I), Stanforth, P. (Co-I), Bernhardt (Co-I)
 Submitted October 2014
 \$375,672
 Not Funded

INTERNAL GRANTS, SCHOLARSHIPS, AND FELLOWSHIPS

- 2021-2022 Special Research Grant, Office of the Vice President for Research, University of Texas at Austin. *Communication in Difficult Relationships*. (\$1000)
- 2018 Special Research Grant, Office of the Vice President for Research, University of Texas at Austin. *A Prototypical Analysis of Relationship Stability*. (\$650)
- 2018 Faculty Research Assignment: *Challenging Notions of Relational Stability: A Synthesis and Agenda Regarding On-again/Off-again Relationship Research*. Moody College of Communication, University of Texas at Austin (Spring semester)
- 2014 – 2015 Special Research Grant, Office of the Vice President for Research, University of Texas at Austin. *Perceptions of Communication with Partners about Weight Loss*. (\$750)
- 2012 – 2013 Undergraduate Mentor Research Fellowship, College of Communication, University of Texas at Austin.
- 2009 – 2010 Research Grant, Office of the Vice President for Research, University of Texas at Austin. *Family Communication about Weight Management* (\$5800)
- 2009 – 2010 Junior Faculty Fellowship, College of Communication, University of Texas at Austin. *Communication about Weight Management* (\$6000).
- 2009 Dean's Fellowship (semester release of teaching, Fall Semester), College of Communication, University of Texas at Austin
- 2008 – 2009 Special Research Grant, Office of the Vice President for Research, University of Texas at Austin. *Interviewing Couples in On-Again/Off-again Relationships*. (\$750)
- 2008 – 2009 Junior Faculty Fellowship, College of Communication, University of Texas at Austin. *Interviewing Couples in On-Again/Off-again Relationships* (\$4000).
- 2007 Summer Research Assignment, Graduate School, University of Texas at Austin. *Validation and Challenge in the Family: The Relationship between Family Communication and Adolescent Development* (Summer Salary)
- 2006 Knapp Fellowship (course release Fall Semester), Department of Communication Studies, University of Texas at Austin
- 2004 Humanities and Social Sciences Research Grant, Graduate Division, University of California, Santa Barbara (\$1800)
- 2003 – 2004 McCune Dissertation Fellowship, Department of Communication, University of California, Santa Barbara (One year of funding to focus on completing the dissertation)
- 2003 One-Quarter Dissertation Fellowship, Department of Communication, University of California, Santa Barbara (\$5000 stipend)
- 2000 – 2001 Regents Fellowship, Department of Communication, University of California, Santa Barbara (One year of funding in place of a teaching assistantship to focus on coursework)

AWARDS AND HONORS

2021	Outstanding Service Award, Department of Communication Studies, University of Texas at Austin
2019	Professor of the Year, Department of Communication Studies, University of Texas at Austin (voted on by the graduate students)
2018	Top 4 Paper, Interpersonal Communication Division, National Communication Association
2018	Berscheid-Hatfield Award for Distinguished Mid-Career Achievement, International Association for Relationship Research
2012	Professor of the Year, Department of Communication Studies, University of Texas at Austin (voted on by the graduate students)
2010	Early Career Award, Interpersonal Division, National Communication Association
2010	Top 3 Paper, Interpersonal Division, Western States Communication Association
2006	Sandra Petronio Dissertation Excellence Award, National Communication Association Family Communication Division
2006	Top Paper, Communication and Aging Division, National Communication Association
2005	Top Paper, Communication and Aging Division, National Communication Association
2005	Top 3 Paper, Instructional and Development Division, Interpersonal Communication Association
2004	James J. Bradac Award for Outstanding Research, Department of Communication, University of California, Santa Barbara
2001	National Communication Association Doctoral Honors Seminar Participant, University of Texas at Austin.
2001	Top 4 Paper, Interpersonal Communication Division, National Communication Association
1998	Outstanding Graduate Teaching Assistant, Department of Communication and Mass Media, University of Wyoming

SERVICE ACTIVITIES

DEPARTMENTAL/COLLEGE/UNIVERSITY SERVICE (UT)

2021 – 2022	Colloquia Committee, Department of Communication Studies
2021	FRA/SRA Selection Committee, Moody College of Communication
2021 – present	Graduate Advisor, Department of Communication Studies
2020 – 2021	Chair, Interpersonal Search Committee
2019	VPR Research & Creative Grants reviewer, UT-Austin
2018 – present	Moody Honors Program Steering Committee Member, Moody College
2018 – present	Moody Honors Admissions Committee Member, Moody College of Communication
2018	Academic Planning Committee, Department of Communication Studies

- 2017 – present Health Communication Scholars Program Coordinator, Center for Health Communication, Moody College of Communication/Dell Med.
- 2017 – present Center for Health Communication Steering Committee, Moody College of Communication/Dell Med
- 2014 – present Member of the Steering Committee, Polymathic Scholars, College of Natural Sciences
- 2017 – 2018 Committee Member, Feminist/Queer Studies Position Search, Department of Communication Studies
- 2017 Selection Committee, Senior Fellows, Moody College of Communication
- 2016-2017 Graduate Office Committee, Department of Communication Studies
- 2016-2017 Moody College Honors Program Task Force
- 2015-2016 Member of the TA Assignment Committee, Department of Communication Studies
- 2014-2017 Independent Inquiry Flag Committee
- 2014-2016 Member of the Educational Workgroup, Center for Health Communication, Moody College of Communication
- 2014 Focus Group on College Website, Moody College of Communication
- 2014 Campus Conversation Symposium -- Initiative to increase undergraduate student participation in research (September 5th, 2014)
- 2011 – 2013 Associate Professor Representative for the CMS Budget Council
- 2012 Jesse Jones Fellowship Selection Committee, Department of Communication Studies
- 2012 Continuing Fellowship Applications Selection Committee, Department of Communication Studies
- 2011 Organizational Search Committee Member, Department of Communication Studies
- 2010 Research Grant Selection Reviewer, Office of the Vice President for Research
- 2009 Interpersonal Communication Representative for Family Weekend, Department of Communication Studies
- 2009 Communication Studies Awards Committee, Department of Communication Studies
- 2008 – 2009 Member of Interpersonal Faculty Search Committee, Department of Communication Studies
- 2008 Member of the Chair Evaluation Committee, College of Communication
- 2008 Interpersonal Communication Representative for Family Weekend, Department of Communication Studies
- 2007 – 2008 Budget Council Representative, Department of Communication Studies
- 2007 – 2008 Member of Faculty Search Committee, Department of Communication Studies
- 2007 Undergraduate Curriculum Committee, Department of Communication Studies
- 2007 Graduate Teaching Awards Committee, Department of Communication Studies
- 2006 – present Member of Graduate Interpersonal Student Admissions Committee, Department of Communication Studies
- 2006 Innovation Fund Committee, Department of Communication Studies
- 2006 Undergraduate Mentor Program Selection Committee, Department of Communication Studies
- 2006 Undergraduate Scholarship Selection Committee, Department of Communication Studies
- 2005 Interpersonal Communication Representative for Family Weekend, Department of Communication Studies

- 2020 Top Paper Reviewer, National Communication Association's Interpersonal Communication Division
- 2019 – present Diversity, Equity, and Inclusion Task Force, National Communication Association, Interpersonal Communication Division
- 2019 Top Paper Reviewer, International Communication Association's Interpersonal Communication Division
- 2019 Paper Reviewer, National Communication Association's Interpersonal Communication Division
- 2017 – 2018 Committee Member, Program Planning, International Association for Relationship Research.
- 2016 Paper Reviewer, National Communication Association's Health Communication Division
- 2014 Selection Committee Member, Distinguished Book and Article Awards, Family Communication Division, National Communication Association
- 2014 Selection Committee Member, Early Career Award, Interpersonal Communication Division, National Communication Association
- 2013 Chair, Family Communication Division, National Communication Association
- 2013 Paper Reviewer, Interpersonal Communication Division, National Communication Association
- 2013 Selection Committee Member, Outstanding Dissertation/Thesis of the Year Award, Interpersonal Communication Division, National Communication Association
- 2012 External Reviewer for Elton S. Carter Award for Excellence in a Thesis, University of Nebraska at Omaha
- 2012 Selection Committee Chair for Interpersonal Communication Division Awards, National Communication Association
- 2011 – 2012 Vice-Chair, Family Communication Division, National Communication Association
- 2010 – 2011 Vice Chair-Elect, Family Communication Division, National Communication Association
- 2010 Paper Reviewer, Interpersonal Communication Division, International Communication Association
- 2010 Member of the Petronio Dissertation Excellence Award Selection Committee, Family Communication Division, National Communication Association
- 2008 – 2009 Member of the Nominating Committee, Interpersonal Division, National Communication Association
- 2008 Reviewer of Panel Proposals, Interpersonal Communication Division, International Communication Association

EDITORIAL SERVICE

- 2019 Ad Hoc Reviewer: *Journal of Social and Personal Relationships*, *Southern Communication Journal*, *Journal of Marriage and Family*, *Personality and Social Psychology Bulletin*, *Journal of Family Psychology*, *Communication Research*, *Communication Quarterly*
- 2018 Ad Hoc Reviewer: *Contemporary Family Therapy*, *Journal of Health Communication*, *Applied Psychology: Health and Well-being*, *Journal of Social and Personal*

- Relationships, Communication Research, Journal of Marriage and Family,*
 2017 – present Editorial Board, *Communication Monographs*
 2017 – present Editorial Board, *Human Communication Research*
 Editorial Board, *Health Communication*
 2017 – present Editorial Board, *Personal Relationships,*
 2017 – present Editorial Board, *Western Journal of Communication*
 2017 Ad Hoc Reviewer: *Social Psychological and Personality Science, Stress and Health,*
Communication Research, Journal of Family Psychology, Journal of Health Communication,
Communication Theory,
 2016 Ad Hoc Reviewer: *Communication Research, Health Communication, Personal*
Relationships, Communication Monographs, Emerging Adults, Journal of Marriage
and the Family, Communication Quarterly
 2015 – present Editorial Board, *Journal of Family Communication*
 2015 – 2017 Associate Editor, *Journal of Social and Personal Relationships*
 2015 – 2017 Editorial Board, *Communication Studies*
 2015 Ad Hoc Reviewer, *Communication Research, Communication Monographs,*
Communication Quarterly, Communication Reports, Communication Studies, Health
Communication, Human Communication Research, Journal of Family Communication,
Journal of Family Issues, Journal of Marriage and Family, Journal of Social and
Personal Relationships, Southern Communication Journal
 2014 Ad Hoc Reviewer, *Communication Research, Health Communication, Journal of*
Family Communication, Journal of Research on Adolescence, Communication
Monographs, Communication Quarterly, Sex Roles, Western Journal of
Communication
 2013 Ad Hoc Reviewer, *Communication Monographs, Journal of Family Communication,*
Health Communication, Communication Quarterly, Western Journal of
Communication, Journal of Social and Personal Relationships, Personal Relationships,
Journal of Family Psychology, Sex Roles, Journal Research on Adolescence
 2012 Ad Hoc Reviewer, *Journal of Family Communication, Journal of Health*
Communication, Journal of Social and Personal Relationships, Sex Roles
 2011 Ad Hoc Reviewer, *Communication Monographs, Journal of Applied Communication*
Research, Journal of Family Communication, Journal of Communication, Journal of
Family Psychology, Journal of Social and Personal Relationships, Personal
Relationships
 2010 Ad Hoc Reviewer, *Journal of Social and Personal Relationships, Personal*
Relationships, Western Journal of Communication, Communication Monographs,
Communication Theory, Journal of Family Communication, Journal of Health
Communication
 2009 Ad Hoc Reviewer, *Journal of Social and Personal Relationships, Personal*
Relationships, Western Journal of Communication, Journal of Applied Communication
Research, Communication Monographs
 2008 Ad Hoc Reviewer, *Journal of Social and Personal Relationships, Personal*
Relationships, Western Journal of Communication
 2007 Ad Hoc Reviewer, *Human Communication Research, Journal of Social and Personal*
Relationships, Western Journal of Communication
 2007 Reviewer for book manuscript, Sage Publications

2006 Ad Hoc Reviewer, *Communication Theory, Personal Relationships*

DEPARTMENTAL/UNIVERSITY SERVICE (UCSB)

2003 – 2004 Graduate Student Representative, Department of Communication, University of California, Santa Barbara

2003 – 2004 Member of the Graduate Curriculum Committee, Department of Communication, University of California, Santa Barbara

2002 – 2003 Member of the Undergraduate Affairs Committee, Department of Communication, University of California, Santa Barbara

2001 – 2002 Member of the Teaching Assistant Coordination Committee, Department of Communication, University of California, Santa Barbara

2001 – 2002 Member of the Colloquium Committee, Department of Communication, University of California, Santa Barbara

INVITED PRESENTATIONS

2021 *Nonverbal Communication in the Classroom* at Performance Training for Instructors, Provost Teaching Fellows Workshop, University of Texas at Austin

2019 *Nonverbal Communication in the Classroom* at Performance Training for Instructors, Provost Teaching Fellows Workshop, University of Texas at Austin

2018 *Nonverbal Communication in the Classroom* at Performance Training for Instructors, Provost Teaching Fellows Workshop, University of Texas at Austin

2017 *Nonverbal Communication in the Classroom* at Performance Training for Instructors, Provost Teaching Fellows Workshop, University of Texas at Austin

2017 *Explore UT* Presentation: We are Never Ever Getting Back Together... Well, Maybe

2017 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2016 *Explore UT* Presentation: Weighty Messages: How Romantic Partners Support (or Hinder) our Weight Loss

2016 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2015 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2014 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2013 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2012 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin

2012 *Family Communication about Weight Management*, UT Sage Series. University of Texas at Austin

2011 *Tips for Great Researchers Roundtable*, Department of Communication Studies, University of Texas at Austin

2011 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division

- of Statistics and Scientific Computation, University of Texas at Austin
- 2010 *Nonverbal Communication in the Classroom*, Physics Education Forum, University of Texas at Austin
- 2010 *Communication about Weight Management in Personal Relationships*, Public Understanding of Science and Health (PUSH), University of Texas at Austin
- 2009 *Nonverbal Communication in Consulting*; Statistics Consulting Seminar, Division of Statistics and Scientific Computation, University of Texas at Austin
- 2006 *Family Communication and Conflict*, UT Global Ethics and Conflict Resolution Summer Symposium, University of Texas at Austin

IN THE MEDIA

- 2021 Research featured in a *Psychology Today.com* article "7 Reasons Exes Get Back Together: How people win or lose by returning to an ex-partner." (posted 9-18-21)
- 2020 Interviewed for story on nonverbal communication for MindBodyGreen.com "Decoding Body Language: What Do Crossed Arms Actually Mean?" (9-18-20) <https://www.mindbodygreen.com/articles/what-do-crossed-arms-mean>
- 2020 Chapter from the *Oxford Research Encyclopedia of Communication* featured on Oxford Research Encyclopedias website (9-17-20) <https://oxfordre.com/communication>
- 2020 Research featured in BBC.com story "Why is it so hard to forgive an ex?" by Chermaine Lee (6-9-20) <https://www.bbc.com/future/article/20200608-why-is-it-so-hard-to-forgive-an-ex>
- 2020 "Why Do People Fall into the Trap of On-again/Off-again Relationships?" Story in Character and Context, a blog from the Society of Personality and Social Psychology (SPSP). <http://www.spsp.org/news-center/blog/dailey-on-again-off-again-relationships>
- 2019 Research featured in NextAvenue.org article by Brette Sember (9-12-2019) "Losing Weight When Your Partner Isn't on Board" <https://www.nextavenue.org/losing-weight-partner/?fbclid=IwAR3b4D4GM0zbOxvTwoJU0-gFhqRmnKzJhwLuakCJksZuOzbvI3o6JqfDEIU>
- 2019 Research featured in *PsyPost* article by Eric Dolan 8-17-19 "There doesn't appear to be a particular 'type' of person who gets into on-again, off-again relationship" <https://www.psypost.org/2019/08/there-doesnt-appear-to-be-a-particular-type-of-person-who-gets-into-off-again-relationships-54262>
- 2019 Research featured in *Bottom Line*, 40 (5), p. 10. "How to...Put the 'We' in Weight Loss. <https://bottomlineinc.com/health/diet-nutrition/work-with-your-partner-for-weight-loss-success>
- 2019 Research featured in *American Fitness* article by Laura Quaglio <https://magazine.nasm.org/american-fitness-magazine/issues/american-fitness-magazine-winter-2019/training-edge-industry-news-insights-tools>
- 2018 Research featured in *Health* article by Jenna Birch 7-10-18; <https://www.health.com/relationships/should-you-get-married-after-breaking->

- [up-once](#)
- 2018 Research featured in *ManRepeller.com* article by Jenna Birch, 7-13-18; <https://www.manrepeller.com/2018/07/on-again-off-again-relationship-advice.html>
- 2018 Interviewed on RadioLIVE, New Zealand; 5-7-18
- 2018 Research featured in *DailyMail.com* story "The couple's guide to slimming down without breaking up: Scientist explains exactly how to work together to shed pounds" by Natalie Rahhal. <http://www.dailymail.co.uk/health/article-5688957/The-couples-guide-slimming-without-breaking-up.html> 5-3-18
- 2018 Research featured in *New Zealand Herald* story "Why Couples Have a Better Chance at Losing Weight" by Natalie Rahhal: https://www.nzherald.co.nz/lifestyle/news/article.cfm?c_id=6&objectid=12046137 posted 5-6-18.
- 2018 Research featured in *NYgal.com* story "Not So Good For You? Why You Keep Recycling Your Ex" by Fionnuala O'Leary: <https://www.nygal.com/not-so-good-for-you/> posted 4-13-18.
- 2018 Research featured in *ScienceofRelationships.com* by Sadie Leder-Elder "To Rekindle or Not to Rekindle: That appears to be Selena and Justin's Question" <http://www.scienceofrelationships.com/home/2018/1/31/to-rekindle-or-not-to-rekindle-that-appears-to-be-selena-and.html> posted 1-31-18.
- 2017 Research featured in *Tonic.com* by Michelle Malia "Why Do We Get Back Together With Our Exes" https://tonic.vice.com/en_us/article/9kqng7/why-do-we-get-back-together-with-our-exes posted 11-6-17.
- 2017 Research featured in *GoodTherapy.org* article by A. Abrams "Can a Relationship Survive Major Political Differences?" <https://www.goodtherapy.org/blog/can-relationship-survive-major-political-differences-0620165>
- 2017 Research featured in *PsyPost.com* article by E. Dolan "How Romantic Relationships can Help or Hinder Weight Loss" posted on 4-1-17. <http://www.psypost.org/2017/04/romantic-relationships-can-help-hinder-weight-loss-48626>
- 2016 Research cited in *Psychology Today* article by T. E. DiDonato "7 Questions You Have to Ask Each Other Before You Commit" posted on 11-21-16. <https://www.psychologytoday.com/blog/meet-catch-and-keep/201611/7-questions-you-have-ask-each-other-you-commit>
- 2016 Research covered in *Bustle.com's* "Why Do We Get Back Together with Our Exes?" piece posted on 10-26-16. <https://www.bustle.com/articles/191645-why-do-we-get-back-together-with-our-exes>
- 2016 Interviewed on Austin *Good Day Fox 7* for a segment on On-Off Relationships on 2-12-16; <http://www.fox7austin.com/good-day/89555435-story>
- 2016 KLRU radio interview on on-again/off-again relationships, 2-12-16
- 2016 Op-Ed "Do you need to evaluate your relationship this Valentine's Day?" featured in the *Austin American Statesmen* on 2-12-16; <http://www.mystatesman.com/news/news/opinion/dailey-do-you-need-to-evaluate-your-relationship-t/nqNdm/>
- 2016 Research covered in *the Austin American Statesmen* "UT study: On-again-off-again couples forge better ties with friends" on 2-10-16;

<http://www.statesman.com/news/news/weird-news/ut-study-on-again-off-again-couples-forge-better-t/nqM8F/>

- 2016 Research featured on the UT Moody College of Communication website on 2-12-16; <https://vimeo.com/155044701>
- 2015 Interviewed for article in Greatist.com, April 9, 2015, by Katherine Schreiber: <http://greatist.com/play/how-break-up-without-being-jerk>
- 2012 Interviewed for South Korean radio show, 1013mainstreet, April 24th, 2012.
- 2012 Interviewed for article on cbsnews.com: Halperin, K. (March, 26, 2012). On-Off Couples Should Stop Recycling Romance, Call It Quits. <http://abcnews.go.com/Health/off-couples-cyclical-couples-call-quits/story?id=16000441>
- 2010 Interviewed for article in *USA Today*, "Dating for a decade? Young adults aren't rushing marriage," June 22nd, 2010.
- 2010 Interviewed for podcast, *X and Y Communications* website, "Dealing with Exes...as Opposed to Taking Them Back."
- 2009 Interviewed for article in *Psychologie Magazine*, "Uit elkaar of niet?" ("Are we together or not?"), Netherlands, September, 2009
- 2008 Interviewed for article in *Psychology Today*, "On-again, Off-again: What drives couples to repeatedly break up and then make up," April 2008

PROFESSIONAL AFFILIATIONS

- 2000 – present National Communication Association
- 2000 – present International Communication Association
- 2001 – present International Association for Relationship Research
- 2001 – 2005 Western States Communication Association